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Hispanic/Latino White / Caucasian	Hispanic/Latino White / Caucasian		Asian / Pacific Islander
White / Caucasian	White / Caucasian		Black/African American
			Hispanic/Latino
	Multiple ethnicity / Other (please specify)		White / Caucasian
Multiple ethnicity / Other (please specify)			Multiple ethnicity / Other (please specify)

People can work on building their self-esteem. I have a positive self-image. I respect myself. I can stand up to negative peer pressure.				\circ
I respect myself. I can stand up to negative peer pressure.				
I can stand up to negative peer pressure.				
negative peer pressure.				
I can be a positive influence on my friends.			0	\bigcirc
5. How much do you ag	ree with each of the f	ollowing?		
	Strongly Disagree	Disagree	Agree	Strongly Agree
I am satisfied with how I look.				
I can handle obstacles or difficulties.	\bigcirc		\bigcirc	\bigcirc
I actively show respect to my peers.				
I value myself as an individual				
I use social media responsibly.				
6. How much do you ag	ree with each of the f	ollowing?		
	Strongly Disagree	Disagree	Agree	Strongly Agree
I have a positive outlook on life.				
I accept the differences of others.				
My friends accept me for who I truly am.				
I behave responsibly				
I feel comfortable handling a dating relationship.		0	0	

	Strongly Disagree	Disagree	Agree	Strongly Agree
Choosing not to be sexually active in high school is OK.	0	0	0	0
Most high school students are sexually active.				
I can help my friends make healthy choices.				
I want to be the "healthiest version" of me.		\bigcirc		
People's bodies mature at different rates during middle school/junior high.		0		0
8. How much do you aç	ree with each of the f	ollowing?		
	Strongly disagree	Disagree	Agree	Strongly Agree
Bullies often feel insecure in some way.				
A healthy dating relationship does not include verbal insults.		\bigcirc		
Being in a relationship increases my value as a person.		\bigcirc		
9. How much do you aç	gree with each of the f	ollowing?		
	Strongly disagree	Disagree	Agree	Strongly Agree
The Healthy Reality program has helped me think about things differently.		0		0
I would recommend the Healthy Reality program for other people my age.		\circ		\circ
10. Please share any co	omments you have ab	oout the Healthy Real	ity program	